

# NEWSLETTER

SPRING • 2009



## PRESIDENT'S MESSAGE

### MESSAGE FROM MARY CLEARY CHAIR, ADVISORY BOARD OF DIRECTORS

Health, wellness, and wholeness is a common ideal throughout all faith communities. Wholeness, in light of a chronic or incurable condition, is obtainable.

Through the education and skills of registered nurses in the specialty practice of Faith Community Nursing, more people are reaching a sense of wholeness, receiving crucial health education, support and advocacy, and needed health care.



If you or your congregation are interested in wholistic care—mind, body, and spirit—with a special emphasis on the spiritual dimension, the upcoming Faith Community Nurse Basic Preparation class is for you!

Taught from an interfaith perspective, the course, offered through Interfaith Health & Wellness, provides registered nurses interested in congregational health, the education, community resources, networking and contacts, and support to create, build, and sustain a Faith Community Nursing practice and Health Ministry.

Through the generous support of the Palm Healthcare Foundation, Allegany Franciscan Ministries, and the Frank J. Lewis Foundation, scholarships are available for registered nurses to attend the week-long course and retreat.

An Alumni Dinner on Wednesday, June 3rd, 5:30pm at Duncan Conference Center, will include Faith Community Nurses speaking about their practices. Please join us!

*Mary Cleary*



## REGISTER NOW !

### **Faith Community Nurse Basic Preparation Course & Retreat** *June 1-5, 2009* **Duncan Conference Center Delray Beach, FL**

The Basic Preparation Curriculum, designed to prepare registered nurses to deliver wholistic care in congregations is developed within an interfaith model and endorsed by the International Parish Nurse Resource Center. Class highlights include: Assessment, Advocacy, Self Care, Care Coordination, Transforming Life Issues, Accessing Resources, and much more! The course begins on Monday at 9 am and ends Friday afternoon with a commissioning ceremony.

Scholarships are available. Price: \$695 (includes lodging, all meals, snacks, materials, IPNRC pin, certificate) • 33.5 Contact Hours • Commuter rate of only \$75 daily • Discounts for organizations when registering 3 or more participants • To register, mail form below with \$75 registration fee payable to: IHWA, Catholic Charities, P. O. Box 1885, West Palm Beach, FL 33402 • Fax (561) 863-5379 • For info, call (561) 379-1972 or e-mail [ihwa@ihwassoc.org](mailto:ihwa@ihwassoc.org).

Registration Form: *(Please print)*

Name: \_\_\_\_\_

Title: \_\_\_\_\_

Congregation: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Fax: \_\_\_\_\_

Email: \_\_\_\_\_

RN License # (for CEU credit): \_\_\_\_\_



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**Don't Miss the Grand Opening!**  
**Palm Healthcare Pavilion**  
**May 19, 2009—5 pm-7pm**

The Grand Opening of the Palm Healthcare Pavilion and Mollie Wilmot Center, 5205 Greenwood Avenue, (on the east side of St. Mary's Medical Center) West Palm Beach will highlight the Diabetes Education & Research Center; Caregivers Education; Healthy Kitchen; Health Professions Simulation Lab; and Children's Medical Services. Event is open to the public.

**Advisory Board Members Selected**

Interfaith Health & Wellness Association, a Program of Catholic Charities of the Diocese of Palm Beach, has appointed two new members to its Advisory Board.

**Joanne Masella, Ed.D., MSN, RN**

Dr. Joanne Masella has over 30 years of nursing experience in Palm Beach County. She began as a diploma graduate of the Hospital of the University of Pennsylvania in Philadelphia, and earned a bachelor's degree, and

master's degree in Nursing from Florida Atlantic University along with an Adult Nurse Practitioner certification. Her doctorate is from Nova Southeastern University with specialization in healthcare education. She is presently Dean of Nursing at Palm Beach Atlantic University (PBAU) in West Palm Beach and is involved in faith integration into nursing education at PBAU.

**Mary Jean Houlahan, RN, BSN, BA, CCM**

Mary Jean Houlahan is Patient Navigator Program Manager of the Comprehensive Breast Center at Good Samaritan Medical Center. She holds a BA from Emmanuel College, Boston, BSN from the



University of North Carolina, and MBA course work at Avila College, Kansas City, Missouri with a concentration on Health Care Services. Mary Jean served as a Marine Captain and Company Executive Officer and Manager of the Office of the Undersecretary of the Navy at the Pentagon. For the past 34 years she has demonstrated a passion for excellence in patient care and has been an advocate for legislation to benefit oncology patients.



## ***Florence Nightingale Express Visits Palm Healthcare Pavilion***

Faith Community Nurses (FCN) from our area attended the bi-monthly Networking & Coalition meeting held at the Palm Healthcare Pavilion & Mollie Wilmot Center and had an opportunity to tour the Visiting Nurses Association (VNA) 38 foot mobile health clinic aptly named the "Florence Nightingale Express." Equipped with waiting and exam rooms, it is staffed by a nurse practitioner and provides our local communities with access to multiple health services, such as medical screenings, flu clinics and other health-related services.

Faith Community Nurses regularly schedule the VNA to set up and administer flu shot and pneumonia clinics. Sandra Ferrin, Medical Services Rep, also encouraged calling the VNA to schedule health education topics throughout the year including MRSA, stroke prevention, cardiovascular health, and various vaccinations. To schedule the "Florence Nightingale Express" contact: Sandra Ferrin, at 561-891-1856 or e-mail [sandra.ferrin@vnaflorida.org](mailto:sandra.ferrin@vnaflorida.org).

A special thank you to VITAS Innovative Hospice Care for hosting the Faith Community Nurse Coalition lunch.



*Faith Community Nurses join Palm Healthcare Foundation during a tour of the Visiting Nurses Association "Florence Nightingale Express" mobile health unit at the Mollie Wilmot Center in West Palm Beach.*

## ***Jackie R. Adames, RN, Earns Faith Community Nurse of the Year Award***

Interfaith Health & Wellness, a Program of Catholic Charities Diocese of Palm Beach, honored Jackie Adames, RN, of Spanish River Church as



*From right to left: Mary Cleary, IHWA Advisory Board President; Jackie R. Adames, RN, Faith Community Nurse of the Year; Joanne Masella, Dean of Nursing, Palm Beach Atlantic University; Dr. William Adkins and Martha Adkins, Honorary Chairs; and Don Chester, St. Mary's Medical Center.*

Faith Community Nurse of the Year at the annual luncheon held at Devonshire at PGA National in April. Jackie helped form the Family Ministry at Spanish River Church, a model program offering Prenatal Programs, Lactation support, Childbirth, Baby Basics, CPR, Nurturing Your Newborn (up to 1 year), Basic Training for Dads, Terrific Toddler class, and Parenting 101. Jackie is also a Touchpoints Consultant for classes at Children's Services Council. "Jackie has the ability to connect with people and meet them at their deepest need, boldly integrating her faith in her work, and effecting great impact in the health of the family system. She is a highly proficient and well-educated Registered Nurse." Jackie can be contacted at 561-994-5000 ext. 212.

Sponsorship of the Awards Luncheon was provided by St. Mary's Medical Center, VITAS Innovative Hospice Care, Arden Courts Alzheimer's Assisted Living, and Edna Hibbel Corporation. Many thanks to all who support Faith Community Nursing.



*For more info on Faith based nursing  
Visit us on the web at  
[www.IHWAssoc.org](http://www.IHWAssoc.org)*



P. O. Box 1885  
West Palm Beach, FL 33402

*Catholic Charities of the Diocese of Palm Beach  
Supporting Faith Community Nursing*

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